

MassHealth Flexible Services Asthma Program

The MassHealth ACO Flex Services Program is a **FREE, voluntary, confidential service** designed to help you gain control of your asthma



Who Is Eligible?

Members of one of the health centers in the BeHealthy Partnership Accountable Care Organization (ACO)

- Caring Health Center
- Baystate Brightwood
- Baystate High Street- Adults
- Baystate Mason Square
- Baystate High Street- Pediatrics

Participants may receive:

FREE supplies may include

- Green Cleaning Spray
- Microfiber Cloths
- Mattress Protectors
- Pillow Protectors
- Food Containers
- Covered Trash Cans
- Mop & Bucket
- Other Supplies

You'll Learn To:

- Use asthma medication correctly
- Reduce asthma triggers at home
- Reduce unwanted doctors visits and hospitalizations due to asthma triggers

Our Community Health Workers will:

- Conduct a virtual home assessment to identify asthma triggers

For more information, contact:

Susie Ho-Sang- High Street Adult

W: 413-794-3247 C: 413-896-6134

Joani Arroyo- Baystate General Pediatrics

W: 413-794-9197, joani.arroyo@baystatehealth.org

Mary Loughman- Mason Square

W: 413-794-3769, mary.loughman@baystatehealth.org

Shams Thaher - Caring Health Center

W: 413-739-1100 ext. 3237, sthaher@caringhealtht.org

Yahaira Ruiz- Brightwood

W: 413-244-0865, Yahaira.Ruiz@bhs.org

Our Healthy Homes Assessor will:

- Provide home supplies that will help eliminate asthma triggers
- Education, demonstration, and installation of supplies



Programa de servicios flexible de Masshealth

El programa Masshealth ACO Flex Services es un servicio **GRATUITO**, voluntario y confidencial diseñado para ayudarlo a controlar su asma



Quien es elegible?

Miembros de uno de los centros de salud de la BeHealthy Partnership Accountable Care Organization (ACO)

- Caring Health Center
- Baystate Brightwood
- Baystate High Street- Adults
- Baystate Mason Square
- Baystate High Street- Pediatrics

Los participants pueden recibir:

Los suministros gratuitos pueden incluir:

- Spray de limpieza verde
- Paños de microfibra
- Protectores de colchón
- Protectores de almohadas
- Contenedores de comida
- Botes de basura cubiertos
- Fregona y cubo
- Otros suministros

Nuestro asesor de hogares saludables:

- Proporcionar suministros en el hogar que ayudaran a eliminar los desencadenantes del asma
- Educacion, demostracion e instalacion de suministros.



Aprenderas a:

- Los medicamentos para el asma correctamente
- Reducir las visitas medicas y las hospitalizaciones no deseadas debido a los desencadenantes del asma
- Reducir los desencadenantes de asma en casa

Nuestros trabajadores de salud comunitarios

- Realizar una evaluacion virtual para identificar los desencadenantes de asma

Para mas informacion contacte:

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